

RAVENS-WAY WILD JOURNEYS



WILD EDIBLE PLANT FEAST

DISCOVER DELICIOUS & NUTRITIOUS WILD CUISINE!

The Sky Islands of southeast Arizona harbor a vast array of Native plants, many of which provide fine gourmet foods that you'll delight in sampling. Amidst this veritable armada of wild edibles are many species found in few or no other regions of the U.S. These "Borderland Specialty" species add a truly exotic flare to our wild fare! Join Ethnobotanist & Naturalist Vincent Pinto in this wild culinary adventure and discover how to find, identify, harvest, prepare, & cook these organic, tasteful, and chock full of vitamins & minerals Wild Foods. Join us to explore a number of intriguing habitats at Raven's Nest Nature Sanctuary, Patagonia Lake, and Sonoita Creek State Natural Area!



WHEN: **SEPTEMBER 14 -15**

TUITION: **\$200** - Includes tantalizing wild edible plant dishes over dinner Saturday

WHERE: **RAVEN'S NEST Nature Sanctuary**

Ethnobotanist, Naturalist, Wildlife Biologist, & Wilderness Survival Instructor, Vincent Pinto and his wife, Claudia, run RAVENS-WAY WILD JOURNEYS - dedicated to the Conservation and Protection of Nature, Wildlife, and the Environment through a wide variety of Eco-friendly Programs and Adventures!